

# Service Hours Opportunities

**ALL COMMUNITY SERVICE MUST BE PRE APPROVED  
by your Guidance Counselor**

## Community Service Forms

**STEP 1-** Fill out a proposal and turn into guidance counselor to get pre approved before you begin doing activity.

- [https://p15cdn4static.sharpschool.com/UserFiles/Servers/Server\\_66635/File/Community%20Service%20Form.pdf](https://p15cdn4static.sharpschool.com/UserFiles/Servers/Server_66635/File/Community%20Service%20Form.pdf)

**STEP 2 -** Complete reflection form to submit after you completed service.

- [https://p15cdn4static.sharpschool.com/UserFiles/Servers/Server\\_66635/File/Community%20Service%20Log%20and%20Reflection.pdf](https://p15cdn4static.sharpschool.com/UserFiles/Servers/Server_66635/File/Community%20Service%20Log%20and%20Reflection.pdf)

**STEP 3 -** Return proposal form and reflection log to your counselor. **Return immediately.** Do not hold on to the forms for years and turn them in all at once. Return the forms as soon as the activity is complete.

## \*\*\*\*\*Disclaimers\*\*\*\*\*

- ★ Forms cannot be signed by your parents! Must be signed by a Supervisor/Advisor for the activity! Talk to a guidance counselor before volunteering & submit a proposal!

## Several Approved Events Occuring At DPHS (list will be updated throughout the school year)

<https://docs.google.com/document/d/1X3xDNhrykK7OCIPMXfXwttvxTYLmfDBGfroxj2J29al/edit?usp=sharing>

## Approved In Person Volunteer Opportunities:

- Volunteer at an animal shelter (Must be 16+; fostering an animal is not community service)
  - ◆ Pet alliance  
<https://petallianceorlando.org/community-involvement/volunteer/>
- Second Harvest Food Bank:
  - ◆ [https://www.feedhopenow.org/site/SPageServer/?pagename=ways\\_involved\\_volunteer](https://www.feedhopenow.org/site/SPageServer/?pagename=ways_involved_volunteer)
- Daily Volunteer Events Around Orlando: (ONLY SOME COUNT, WILL NEED TO GET PRE-APPROVED!)
  - ◆ <https://www.eventbrite.com/d/fl--orlando/teen-volunteer/>
- Science Center Helper (Applications open again in the spring.):

- ◆ <https://www.osc.org/support/volunteer/youth-volunteers/>
- **Give Kids The World Village**- Create priceless memories for critically ill children and their families.
  - ◆ <https://www.gktw.org/volunteer/index.php>
- **Meals on Wheels (16+ or under 16 if have parent/guardian with you)**- Help to give the elderly meals.
  - ◆ <https://seniorsfirstinc.org/get-involved/>
- **Habitat For Humanity (17+)**- Build homes for people with a team from St. Luke's Methodist Church.
  - ◆ <https://u.st.lukes.org/default.aspx?page=3445&profile=1899>
- **Coalition for the Homeless of Central Florida**- Help out in many ways in Downtown Orlando with this homeless shelter.
  - ◆ [https://volunteer.samaritan.com/recruiter/index.php?class=OppSearch&recruiterID=518&act=search\\_all&type=all](https://volunteer.samaritan.com/recruiter/index.php?class=OppSearch&recruiterID=518&act=search_all&type=all)
- **Orlando Union Rescue Mission**- Help out at a homeless shelter with anything from landscaping to handing out meals.
  - ◆ <https://www.ourm.org/get-involved/volunteer/>
- **Christian Service Center**- Help out the community by volunteering your time in many different ways.
  - ◆ <https://www.christianservicecenter.org/volunteering>
- **Harbor House**- Help out victims of domestic violence!
  - ◆ <https://www.harborhousefl.com/give-help/get-involved/volunteer/>
- **UCP of Central Florida**- Help out kids in our community who have disabilities.
  - ◆ <https://www.ucpcf.org/volunteer>
- **United Way**- Allows you to help out all different needs in your community.
  - ◆ <https://www.hfuw.org/volunteer/>
- **Helping Hands Community**- Deliver food in your community during the COVID-19 pandemic.
  - ◆ <https://helpinghands.community/volunteer>
- **Ronald McDonald House Charities**- Help the families of those whose loved ones are in the hospital.
  - ◆ <https://www.rmhccf.org/get-involved/volunteer>
- **Florida Holocaust Museum**- Help empower people to make positive change in the world by educating them of the Holocaust.
  - ◆ <https://www.thefhm.org/support/volunteer/>
- **Halifax Health-Hospice**- Help out those who are close to death by volunteering.
  - ◆ <https://halifaxhealth.org/services-treatments/our-services/volunteer-services/become-volunteer/>

- **Osceola County Tobacco-Free Partnership-** Volunteer with a program that works to provide a tobacco free Florida.
  - ◆ <http://osceola.floridahealth.gov/programs-and-services/wellness-programs/tobacco/index.html>
- **Family Care Council of Florida-** Educate and empower individuals with developmental disabilities and their families.
  - ◆ <https://www.fccflorida.org/>
- **Goodwill-** Help out in a large thrift store which promotes job growth.
  - ◆ <https://www.goodwill.org/volunteer/>
- **Special Olympics-** Help out in many different ways for a foundation that helps people with disabilities find their sport passion.
  - ◆ <https://www.specialolympicsflorida.org/get-involved/volunteer>
- **ASD Adult Achievement Center-** Help mentor individuals with Autism Spectrum Disorder.
  - ◆ <https://asdachievement.org/volunteer/>
- **CHAPS Center for Horsemanship & Personal Success-** Help kids with disabilities in their passion for horse riding.
  - ◆ <https://www.chapscenter.com/copy-of-sponsor>
- **Russell Home for Atypical Children-** Help bring joy into many kids with disabilities.
  - ◆ <https://russellhome.org/volunteer/>
- **The Sharing Center-** Help those in need.
  - ◆ <https://thesharingcenter.org/volunteer/>
- **United Against Poverty-** Help to serve those in poverty by providing crisis care, case management, transformative education, food and household subsidy, employment training and placement, and personal empowerment training.
  - ◆ <https://uporlando.org/volunteer/>

## Online Volunteer Opportunities:

- **DoSomething.org-** Help to change the world for young people. (anywhere from stopping gorilla poaching to making cards for veterans)
  - ◆ <https://www.dosomething.org/us>
- **Be My Eyes-** Connects volunteers with blind and low-vision people through a video app to provide visual assistance with everything from checking expiration dates to distinguishing colors to reading instructions.
  - ◆ <https://www.bemyeyes.com>
- **Online Tutoring-** If you are looking to be a free online volunteer tutor, then this is for you.

- ◆ <https://teensgive.org/virtual/>
- **Equal Ground** Call & talk to voters about vaccinations and arranging transportation.
- ◆ <https://www.equal-ground.com/volunteer>

### **Not considered Community Service:**

- Relay for life does not count if you are fundraising
- Helping out teachers (cleaning classrooms, organizing materials, etc.)
- Donating Blood
- Babysitting
- Tutoring family
- Religious activities that strengthen spiritual connections to church but do not help the community.
- Travel time does not count as hours (time it takes to drive to the event)

**If you have any questions, please contact  
your Guidance Counselor.**

<https://drphillipshs.ocps.net/guidance>